

STEPHEN DANIEL SPRINKLE

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EDUCATION AND LICENSURE

Ph.D. University of Virginia (1984-1989), Clinical Psychology (accredited by the American Psychological Association).

B.A. College of William and Mary in Virginia (1978-1982). Double concentration in Philosophy and Sociology.

Licensed to practice as a psychologist by the State of California Board of Psychology (2008-present, #PSY-21849). Previously licensed in New York (2003-2008) and South Carolina (1991-2002).

PRIVATE PRACTICE (2017-present)

Provide general psychological treatment for adults, including treatment for a wide range of anxiety, mood and other disorders, employing empirically supported, integrated psychotherapy, often in close collaboration with other health providers.

PREVIOUS POSITIONS

- **Director** (2006-2017): Counseling Center at the University of San Diego.
- **Director** (2002-2006): Counseling Center at Hobart and William Smith Colleges.
- **Coordinator of Training** (2001-2002) and **Staff Psychologist** (1989-2002): Counseling and Psychological Services Center, Clemson University.
- **Visiting Assistant Professor** (1989-2002): Department of Counseling and Educational Leadership and Department of Psychology, Clemson University. Taught graduate course in *Psychopathology* and undergraduate courses in *Theories of Psychotherapy* and *Psychology of Adjustment*.
- **Pre-doctoral Intern** (1988-1989): Broughton State Hospital in North Carolina (APA-accredited).

AWARDS

- *Outstanding Contribution to Psychology* award from the South Carolina Psychological Association (2003)
- *Lifetime Achievement* award from the Association of University and College Counseling Center Directors (2023).

PUBLICATIONS

- Sprinkle, S.D., Lurie, D., Insko, S.I., et al. (2002). Criterion validity, severity cut-scores, and test-retest reliability of the Beck Depression Inventory-II in a university counseling center sample. *Journal of Counseling Psychology*, 49, 381-385.
- O'Hara, M.M., Sprinkle, S.D., & Ricci, N.R. (1998). Beck Depression Inventory-II: college population study. *Psychological Reports*, 82, 1395-1401.
- Sprinkle, S.D. (1997). Confidentiality after suicide? *Feedback* (newsletter for the South Carolina Psychological Association), Summer issue, 7.

PRESENTATIONS (selected)

- *Assessing risk to self and others in university students*. Workshops provided at the annual conference for university counseling center directors and for mental health professionals at various universities:
 - Association of University and College Counseling Center Directors annual conference (2022, 2021, 2019, 2018, 2016, 2015, 2014, 2011, 2010, 2009)
 - University of Illinois at Urbana-Champaign (2022); University of Michigan (2020); Brigham Young University (2019); Purdue University (2018); University of Massachusetts—Amherst (2018); University of California—Los Angeles (2010) (partial list).

- *The challenges of change that kept us up at night: reflections from former counseling center directors* (with others). Presentation for the Association of University and College Counseling Center Directors annual conference (2022).
- *Leadership Institute for new university counseling center directors* (with others). Invited faculty for a workshop offered by the Association of University and College Counseling Center Directors (2017, 2015, 2014, & 2013).
- *Psychological 1st Aid*. Workshop for counseling center staff from the University of San Diego, University of California—San Diego, and other nearby universities (2017).
- *On-campus violence risk assessment: case examples and an open forum regarding the costs and benefits of UCC involvement* (with Dr. Alan Goodwin). Presentation for the Association of University and College Counseling Center Directors annual conference (2015).
- *Use of “flow” experiences for therapist self-care and with clients*. Presentation for California Higher Education Employee Assistance Program conference (2012).
- *Use of the MMPI-2-RF in University Counseling Centers* (with Dr. Lauren Woolley). Workshop for counselor center staff from University of San Diego, University of California—San Diego, and San Diego State University (2012).
- *Responding to after-hours emergencies: strategies for college and university counseling centers* (with others). Presentation for the Association of University and College Counseling Center Directors annual conference (2005).
- *Developing a campus-wide protocol for managing dangerous or suicidal students*. Presentation for the Association of University and College Counseling Center Directors annual conference (2004).
- *Does psychotherapy work? Characteristics of effective psychotherapists and effective psychotherapies*. Workshop offered by the South Carolina Psychological Association (2001).
- *Counseling Techniques*. Training for Pickens County (South Carolina) Rape Crisis Council (1992; videotaped for ongoing use).

COMMUNITY SERVICE

- Family Counseling Services of the Finger Lakes, Inc. (Geneva, NY), member of Board of Directors (2003), Vice-President for Assessment (2004), and President of the Board of Directors (2005-2006) for community-based, United Way agency with a \$1 million annual budget.
- Oconee County (SC) Chapter of American Red Cross Disaster Response Team, Mental Health Consultant and Disaster Team Member (1995-2001).
- Worthouse Women's Shelter (Clemson, SC), Consulting Psychologist (1993-1995).
- Aids Memorial Quilt, Volunteer Counselor (1992 and 1995 in Clemson, SC; 2003 in Geneva, NY).
- Oconee County (SC) Literacy Program for Latino students (1991-92).

PROFESSIONAL AFFILIATIONS

- Association of University and College Counseling Center Directors (2002-present)
 - Treasurer (2019-2023)
 - Elements of Excellence Committee (2011-2017)
- International Association of Counseling Services, Inc.
 - Board of Accreditation (2005-2006)
 - Field Visitor for accreditation site visits (2004-2006)
- South Carolina Psychological Association (1991-2002)
 - President Elect and Annual Conference Program Chair (2002)
 - Treasurer and Chair of Finance & Personnel Committee (1999-2001)
 - Committee on Ethics and Professional Practice (1993-2001, chair 1995-1998)
 - Disaster Response Team (1997-2002, coordinator 1997-2001)